



**SACRAMENTO CHILD ADVOCATES, INC.**  
protecting the rights of abused and neglected children

Sacramento Child Advocates, Inc. | 8745 Folsom Blvd, Suite 150, Sacramento, CA 95826  
Ph: (916) 364-5686 | Fax: (916) 364-5687

## **ECE RESOURCES**

### Children's Health Programs

100% Campaign - for health insurance for all CA children.

<http://www.100percentcampaign.org>

Fact sheets on higher educational performance rates for children with health insurance.

<http://www.100percentcampaign.org/resources/factsheets/fs-061130.htm>

Medi-Cal - <http://www.medi-cal.ca.gov/>

Comprehensive medical, dental, and vision coverage for low-income, uninsured children. Medi-Cal is California's public health insurance for low-income children and families.

Healthy Families - <http://www.healthyfamilies.ca.gov/English/downloadHndbk.html>

Low cost insurance for children and teens. It provides health, dental and vision coverage to children who do not have insurance and do not qualify for free Medi-Cal.

To Apply for Medi-Cal or Healthy Families call (800) 880-5305 or (888) 747-1222.

### Local Child Health Insurance Initiatives

[http://ihpsca.org/localcovsol/cov\\_initiatives.html](http://ihpsca.org/localcovsol/cov_initiatives.html)

For those not eligible for Medi-cal or Healthy Families, i.e. because of income or immigration status.

Child Health and Disability Prevention Program <http://www.dhs.ca.gov/pcfh/cms/chdp/>

The CHDP program is a preventive health program serving California's children and youth. CHDP makes early health care available to children and youth with health problems as well as to those who seem well.

CHDP Directory <http://www.dhs.ca.gov/pcfh/cms/chdp/directory.htm>

Health Care Program for Children in Foster Care <http://www.dhs.ca.gov/pcfh/cms/hcpcfc/>

HCPCFC is a public health nursing program located in county child welfare service agencies and probation departments to provide public health nurse expertise to meet the medical, dental, mental and developmental needs of children and youth in foster care.

CA Foster Care Public Health Nurse Directory

<http://www.dhs.ca.gov/pcfh/cms/hcpcfc/pdf/hcpcfcdirctory.pdf>

### Access for Infants and Mothers

<http://www.aim.ca.gov/english/welcome.html> AIM phone:(800) 433-2611

Health insurance for mothers less than 30 weeks pregnant, and their children under age 2.

California Childrens Services- <http://www.dhs.ca.gov/pcfh/cms/ccs/>

CCS is a statewide program that treats children with certain physical limitations and chronic health conditions or diseases. CCS can authorize and pay for specific medical services and equipment provided by CCS-approved specialists.

Local/County CCS Office Directory <http://www.dhs.ca.gov/pcfh/cms/ccs/directory.htm>



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## Child Care and Development Programs

### The National Child Care Information Center (NCCIC)

<http://nccic.org/>

A national clearinghouse and technical assistance center that links parents, providers, policy-makers, researchers, and the public to early care and education information.

### Child Care Law Center

<http://www.childcarelaw.org/index.shtml>

A legal resource for the local, state, and national child care communities, as well as a legal resource for local legal services programs on child care issues in California. Our primary clients are families and children. CCLC offers legal training and information to parents, not for profit child care centers, family child care providers, policy makers, community, and government agencies.

### Cal Childcare Resource and Referral Network

<http://www.rrnetwork.org/welcome/index.html>

A resource for parents and providers, including childcare tips, childcare payment information, policy statements and advocacy.

R&R agency office directory by county

<http://www.rrnetwork.org/resources-and-links/counties.html>

### First 5 - California Children and Families Commission

<http://www.cfcf.ca.gov/prg.htm>

Information on the First 5 Programs under the California Children and Families Act of 1998, legislation designed to provide, on a community-by-community basis, all children prenatal to five years of age with a comprehensive, integrated system of early childhood development services: health care, quality child care, parent education and effective intervention programs for families at risk.

### Cal. Dept. of Education

<http://www.cde.ca.gov/sp/cd/op/>

<http://www.cde.ca.gov/sp/cd/op/cdprograms.asp>

Overview of state Child Care and Development programs, operated under both state and federal funds.

Child Care and Development Office phone: (916) 322-6233

### National Office of Head Start

<http://www.acf.hhs.gov/programs/hsb/>

Head Start is a national program that promotes school readiness by enhancing the social and cognitive development of children through the provision of educational, health, nutritional, social and other services to enrolled children and families. It provides grants to local public and private not for profit and for-profit agencies to provide comprehensive child development services to economically disadvantaged children and families, with a special focus on helping preschoolers develop early reading and math skills.



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#### Early Childhood Learning and Knowledge Center

<http://eclkc.ohs.acf.hhs.gov/hslc>

This website, offered by the Administration for Children & Families, Head Start Office, includes links to information on child health and development for parents, the community and professionals, with specific resources in curriculum and child development that the Head Start community has found most useful to prepare children for school success.

[http://eclkc.ohs.acf.hhs.gov/hslc/ecdh/eecd/Early\\_Childhood\\_Intro\\_Textrev1.html](http://eclkc.ohs.acf.hhs.gov/hslc/ecdh/eecd/Early_Childhood_Intro_Textrev1.html)

#### Cal. Head Start State Collaboration Office

<http://www.cde.ca.gov/sp/cd/re/chssco.asp>

Operated under a federal grant to create a visible presence for Head Start at the state level and to assist in the development of multi-agency and public-private partnerships among Head Start and other interested stakeholders, and to coordinate state and federal funds.

#### California Head Start Association

<http://www.caheadstart.org/index.html>

Support for State Head Start programs, including conference information and community resources to encourage unified state programs.

#### Early Start National Resource Center

<http://www.ehsnrc.org/>

Early Head Start (EHS) is a federally funded community-based program for low-income families with infants and toddlers and pregnant women, to promote healthy prenatal outcomes, enhance the development of very young children, and promote healthy family functioning.

#### Early Start - CA

<http://www.dds.ca.gov/EarlyStart/ESHome.cfm>

Information on eligibility for the Early Start program, for infants and toddlers, birth to 36 months, who have developmental delays or at risk of such delays.

<http://www.dds.ca.gov/EarlyStart/ESStatutes.cfm>

Key state and federal statutes regarding the interagency systems that provide early intervention services for infants and toddlers with disabilities and their families.

#### 2006 Central Directory of Early Intervention Resources, CA.

[http://www.dds.ca.gov/EarlyStart/PDF/central\\_directory2006.pdf](http://www.dds.ca.gov/EarlyStart/PDF/central_directory2006.pdf)

Includes agency and county listings for Early Start Programs as well as specific information about the program and related services.

#### Ounce of Prevention Fund

<http://www.ounceofprevention.org/index.php>

Resources from The Ounce of Prevention Fund, which implements and informs a network of early childhood programs, educates state and federal policymakers about the best ways to help at-risk children and families succeed, and provides extensive training and consultation to professionals working with at-risk families (in Illinois).



#### Title 1 Preschool programs

<http://www.cde.ca.gov/sp/sw/t1/title1preschool.asp>

For preschool-age children at risk of failing to meet the State's academic achievement standards. Children who participate in Head Start, Even Start, Early Reading First, or Title I preschool at any time during the two preceding years, homeless children, and children in institutions for neglected/delinquent children are eligible for Title I programs.

#### Special Needs Identification and Services

##### Disability Rights Statutes

[http://www.dds.ca.gov/statutes/Statutes\\_Main.cfm](http://www.dds.ca.gov/statutes/Statutes_Main.cfm)

A searchable site including specific information for the Lanterman Developmental Disabilities Services Act and the California Early Intervention Services Act. This site includes a Consumer's guide and links to the California Code of Regulations, legislative updates, and other related areas of practice.

##### Protection and Advocacy

<http://www.pai-ca.org/index.htm>

Federally mandated and funded, national disability rights advocacy organization with offices serving individuals throughout the United States.

CA Office Directory - <http://www.pai-ca.org/connect/contact.htm>

Special Education Rights and Responsibilities (SERR) Manual  
(in English, Chinese, Spanish, Korean and Vietnamese)

<http://www.pai-ca.org/PUBS/504001SpecEdIndex.htm>

See Chapter 11- Preschool Education specifics - <http://www.pai-ca.org/PUBS/505101.pdf>

See Chapter 12, Early Intervention specifics - <http://www.pai-ca.org/PUBS/505201.pdf>

##### Regional Centers

<http://www.dds.ca.gov/rc/RCinfo.cfm>

Regional centers help coordinate the services and supports that are needed because of a developmental disability.

Directory of California's 21 Regional Centers

<http://www.dds.ca.gov/rc/rclist.cfm>

##### California Children's Services

<http://www.dhs.ca.gov/pcfh/cms/ccs/>

CCS is a statewide program that evaluates and treats children with certain physical limitations and chronic health conditions or diseases. CCS can authorize and pay for specific medical services and equipment provided by CCS-approved specialists.

Local/County CCS Office Directory

<http://www.dhs.ca.gov/pcfh/cms/ccs/directory.htm>

##### Center for the Improvement of Child Caring

[http://www.ciccparenting.org/cicc\\_What\\_Is.aspx](http://www.ciccparenting.org/cicc_What_Is.aspx)

Resource on tools and methods of diagnosis for identifying children with special needs.



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#### Types of Childhood Disabilities and Other Special Needs

<http://www.ciccparenting.org/ChildhoodDisabilities.aspx>

Explanations, research, and resources for many disabilities/special needs, including: ADHD, Autism, Mental Retardation, Emotional Disturbance, Learning disabilities, speech and language impairments . Prepared by the National Dissemination Center for Children with Disabilities (English and Spanish).

#### Developmental Delays

<http://www.keepkidshealthy.com/WELCOME/conditions/developmentaldelays.html>

Explanation of identifying factors and resources, including a list of early speech and language milestones.

#### Children with Fetal Alcohol Syndrome

<http://www.cdc.gov/ncbddd/fas/fasask.htm#character>

Center for Disease Control and Prevention's FAS and FASD pages include definitions, common characteristics, prevention, and links to factsheets.

#### National Organization on FAS

<http://www.nofas.org/educator/teaching.aspx>

Common classroom concerns and strategies for teachers (careproviders); Information for recognizing, treating and educating children with FAS.

#### Understanding and Addressing the Effects of Maltreatment on Early Brain Development

##### National Early Childhood Technical Assistance Center

<http://www.nectac.org/partc/partc.asp>

Minibibliography on the Impact of Abuse, Neglect and Foster Care Placement on Infants, Toddlers and Young Children: Selected Resources.

<http://www.nectac.org/~pdfs/pubs/abuseneglect.pdf>

##### Recognizing Trauma and Helping Traumatized Children Learn

[http://www.massadvocates.org/helping\\_traumatized\\_children\\_learn](http://www.massadvocates.org/helping_traumatized_children_learn)

Downloadable version of 117 page research and policy publication, documenting the effects of trauma on educational progress. Includes a description of the Massachusetts Trauma Sensitive Schools Grant Program.

##### Childwelfare Information Gateway

<http://www.childwelfare.gov/can/impact/>

<http://www.childwelfare.gov/pubs/focus/earlybrain/>

Information on how child maltreatment during infancy and early childhood has been shown to negatively affect child development, including brain and cognitive development, attachment, and academic achievement. These include enduring physical, intellectual, and psychological repercussions into adolescence and adulthood.

##### Zero to Three – Infant Mental Health

<http://www.zerotothree.org/>



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Provides information on trainings, resources for children age birth to three, with a focus on infant mental health- diagnosing and prevention.

#### Childhood Trauma Academy

[http://www.childtrauma.org/ctamaterials/states\\_traits.asp](http://www.childtrauma.org/ctamaterials/states_traits.asp)

Adapted version of Bruce D. Perry's article on the neurodevelopmental implications of adaptive mental and physical responses to trauma, including physiological hyperarousal and dissociation. Found in *Infant Mental Health J*, 16 (4): 271-291, 1995. Also in *Working with Traumatized Youth in Child Welfare*, edited by Nancy Boyd Webb, 2006.

#### Funding Early Childhood Care and Education

How States can Plan and Fund Programs for Babies and Toddlers, pdf.

<http://www.ounceofprevention.org/downloads/publications/Foundations.pdf>

#### CDE Finance and Grants

<http://www.cde.ca.gov/fg/fo/>

Grants, contracts and apportionments from the CDE, including links to outside funding sources and tools for writing effective proposals.

#### DHHS- Administrative Office of Children and Families

<http://www.acf.hhs.gov/programs/hsb/grant/index.htm>

Grant information and funding opportunities, including funding for the operation of Head Start and Early Head Start programs by either public or private, for profit or not for profit organizations, or public school systems.

#### Article: Education Reform

<http://www.ewa.org/files/docs/prek%20finance%20brief.pdf>

On funding early childhood education.

#### National Conference of State Legislatures

<http://www.ncsl.org/programs/cyf/ccfinancing.htm>

On Financing Early Childhood Education and Child Care.

#### Coordinating State and Federal Funding

[www.financeprojectinfo.org/Publications/FP%20Blending%20Funds%201\\_24.pdf](http://www.financeprojectinfo.org/Publications/FP%20Blending%20Funds%201_24.pdf)

A new strategy brief, *Blending and Braiding Funds to Support Early Care and Education Initiatives*, presents financing strategies that state and local policymakers can use to coordinate, align and integrate funds.

#### Additional Resources, Guidelines and Model Programs

##### CDE- Family Involvement and Partnerships

<http://www.cde.ca.gov/sp/cd/re/parentresources.asp>

Childcare and education rights information for parents, with CDE policy information on parent involvement, California First 5, and English/Spanish links to specific education rights resources



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for parents and families.

<http://www.cde.ca.gov/sp/se/fp/index.asp>

Early childhood education resources for parents and guardians of children with disabilities (focus on age 3-21).

US DHHS -Administration for Children and Families

Comprehensive Family Assessment Guidelines for Child Welfare

[http://www.acf.hhs.gov/programs/cb/pubs/family\\_assessment/index.htm](http://www.acf.hhs.gov/programs/cb/pubs/family_assessment/index.htm)

Healthy Kids, Healthy Care

<http://www.healthykids.us/>

Information about child physical/emotional health and safety, and evaluation tools for parents of children in childcare programs, by the National Resource Center for Health and Child Care and Early Education.

National Education Association

<http://www.nea.org/earlychildhood/index.html>

Research and Resources about the impact of early education, model programs and development.

West Ed.

<http://www.wested.org/cs/we/print/docs/we/home.htm>

A not for profit research, development, and service agency that provides training, consulting, and technical assistance in education and human development, including a specific focus area in Early Childhood and Early Intervention.

Preschool California

[http://www.preschoolcalifornia.org/preschool\\_efforts/local\\_efforts.html](http://www.preschoolcalifornia.org/preschool_efforts/local_efforts.html)

Information on model programs in CA, including LA UP and First 5 San Mateo; Includes Preschool for All: Step by Step Planning Guide and Toolkit, pdf.

Example County First 5 Program collaboration, grants and initiatives

First 5 Monterey County

<http://first5monterey.org/home/first5m/programs.htm>

First 5 Los Angeles

<http://www.first5la.org/>

First 5 San Mateo

[http://www.first5sanmateo.org/smc/departments/home/0,,4313274\\_4522401,00.html](http://www.first5sanmateo.org/smc/departments/home/0,,4313274_4522401,00.html)